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| **Glenwood City High School Physical Education Syllabus** |
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| **Physical education concentrates on developing and** **maintaining each student’s overall fitness and provides students with the** **knowledge, skills, abilities, and attitudes to lead a healthy lifestyle.** **These courses will include the following objectives:**          1. Optimal skill development in each activity          2. Develop and maintain physical fitness          3. Increase knowledge in the value of physical fitness both physically and mentally. **The GCHS grading scale will be used:**  A = 97 – 100                         A- = 90-96                   B+ = 87 – 89.99                      B = 83 – 86.99                 B- = 80 – 82.99  C+ = 77 – 79.99                      C = 73 – 76.99                 C- = 70 – 72.9  D+ = 67 – 69.99                      D = 63 – 66.99                 D- = 60 – 62.99  F = 59.99 and below      **PHYSICAL EDUCATION DRESS:****The Glenwood City School District Student Dress code will be enforced.*** Full-length T-shirt or tank top. Shirts with profanity or reference to alcohol, drugs, or sex are unacceptable.
* No undergarments can be showing.
* No large earrings, watches, or bracelets are to worn to class.
* Athletic shorts or sweat pants which must be worn with the waistband at or above the hips.
* Tennis shoes and socks. Shoes must the appropriate flat bottom sole.
* No hats or bandannas will be worn in class.

 **PHYSICAL EDUCATION POLICIES*** Each student will be issued a lock at the beginning of the semester. It is THEIR responsibility to keep

their locker locked at all times.  Replacement **lock** cost is **$5.00.*** Students have 5 minutes to report to the activity space after the bell ringing.
* Students must remain in the locker room area after class until the bell rings. Those leaving early will receive a disciplinary referral.
* LOCK YOUR LOCKER.  Valuables may be given to your teacher and locked in the PE Offices. Don’t leave valuables or money unlocked. If theft occurs, let your teacher know immediately.  GCHS is not responsible.
* Use the equipment properly and as instructed. Students damaging school equipment or property will be liable to repair or replacement.
* If a student is injured during class, the teacher must be notified immediately.
* Follow all class safety procedures and rules.
* Good judgment, reason and common sense are to be used at all times.
* The Athletic Team Locker rooms are available for athletes BEFORE & AFTER SCHOOL only.

  **ABSENCES / ILLNESS / INJURIES / MAKE-UP WORK:****It is the STUDENT’S RESPONSIBILITY to make-up all written and skill tests. EXCUSED absences including field trips, visitations, sickness, and pre-arranged meetings need to be made up to receive credit.****Format of class make-ups are determined on an individual basis and should be arranged with the teacher.**MEDICAL POLICY: As directed by the State of Wisconsin Department of Public Instruction, students arerequired to take and pass three years of physical education to earn the necessary credits for graduation. A Physician’s statement / note is required when a student needs to modify their participation due to       medical reasons. **Short Term Medical** – If the student is injured for a short period of time, the student and teacher willarrange a course of action to make up the days missed due to the medical restrictions.**Extended Medical** – may jeopardize credits needed for graduation and need to be handled through the       student’s counselor and Physical Education Teacher.  *The quarter or semester may need to be rescheduled       at a later date to earn the necessary credits for graduation.* **UNIT GRADES** will be based on the following: **1. PARTICIPATION – 85%.**Students receive five points per day for **active participation.**                                               * ***ABSENCES****– A STUDENT WHO HAS AN****EXCUSED****ABSENCE HAS THE OPPORTUNITY TO MAKE UP THE MISSED WORK!*
* ***FITNESS TESTING****IS INCORPORATED INTO YOUR PARTICIPATION GRADE*
* ***ATHLETES MUST PARTICIPATE ON THE DAY OF A CONTEST***
* The following actions will result in point deductions from this unit grade:
	+ Non-participation
	+ Unprepared (not changing into appropriate class dress)
	+ Unexcused absences
	+ Tardiness
	+ Violation of safety rules
	+ Unsportsmanlike conduct
	+ Profanity
	+ Inappropriate behavior

 **2. SKILL TESTS / GAME PLAY**–  Points may vary depending on the activity. See rubric below

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|   | **Exemplary****(3)** | **Satisfactory****(2)** | **Needs Improvement****(1)** |
| **Sportsmanship**  | Encourages others,Takes turns, shares, no put-downs | Takes turns,Takes care of self,Usually positive | Required frequent interventions, demeans others, selfish, often not positive |
| **Effort / Participation**  | Awesome participation, always on task, constantly pushes self, prepared for class | Steady participation,On task, usually pushes self | Not yet working, passive participation, sometimes on task, seldom pushes self. |
| **Skills / Performance**  | Can do things well, uses the proper technique | Can do many thing well, improving, consistent techniques most of the time. | Can do some things well, inconsistent, sometimes uses technique. |
| **Knowledge** | Communicates and applies the rules. | Can usually communicate and apply rules. | Seldom communicates and seldom applies rules. |

       **3.**  **WRITTEN TESTS**– approximately 90 points per quarter.                    The test will include information covered daily in class and on the unit review sheets.                           |

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